

Recovery Needs Level

All of the questions need to be answered to complete the assessment.

Enter number of psychiatric hospital/psychiatric crisis team/psychiatric emergency room visits within the last 12 months *

Overall Functioning *

- ☐ Current symptoms lead the individual to be unable to perform activities of daily living or meaningfully engage with service providers without significant outreach, case management, and community support.
- ☐ Current symptoms lead the individual to be unable to perform some activities of daily living without case management and community support.
- ☐ Individual most benefits from therapy sessions with only occasional case management and community support.
- ☐ Individual most benefits from therapy sessions with infrequent telephonic or office-based case management support.
- ☐ Individual most benefits from psychiatry services only and does not desire therapy sessions.

Basic Needs *

- ☐ Basic needs gravely compromised
- ☐ Basic needs met

Nursing Home *

- ☐ Placed in nursing home
- ☐ Risk of nursing home placement
- ☐ No risk of nursing home placement

Legal *

- ☐ Arrested with significant legal issues
- ☐ 3 or more minor offenses in 6 mos
- ☐ No legal issues or manages by self

Substance Use *

- ☐ Co-diagnosis of substance use as on-going problem
- ☐ Substance use ongoing with serious results
- ☐ Episodic substance use without dangerous behavior or damage
- ☐ No substance use diagnosis or abstinent

Residence *

- ☐ Homeless in last 3 mos
- ☐ High risk for homelessness in past 3 mos
- ☐ Unstable, substandard living situation
- ☐ Secure stable housing

Self Harm *

- ☐ Self-harm in last 60 days
- ☐ Suicidal ideation in past 3 months
- ☐ Suicidal gestures in past 6 months
- ☐ Not Applicable

Harm To Others *

- ☐ Impulsive acting out/physical assault/uncontrolled anger resulting in physical harm/potential to harm others in past 2 years
- ☐ Threat of physical harm to others in last 6 mos
- ☐ Not Applicable

Medication Management *

- ☐ Inadequate follow through on taking psychotropic or physical health medications
- ☐ Requires medication reminders and medication administration for psychotropic or physical health medications
- ☐ Medication compliance or person is able to discuss issues of non-adherence for psychotropic or physical health medications
- ☐ No medications prescribed (psychotropic or physical health medications)

Engagement *

- ☐ No engagement in treatment services
- ☐ No acceptance of illness/limited responsibility for recovery
- ☐ Limited engagement/equivocal acceptance or understanding of illness
- ☐ Engages in services positively

Psychiatrist *

- ☐ Individual wishes psychiatry-only services, but treatment team believes more clinical support is needed at this time
- ☐ Individual wishes psychiatry only services and treatment team is in agreement at this time
- ☐ Not Applicable

Case Management *

- ☐ Requires outreach to link with all essential services
- ☐ Inadequate follow through with elements of treatment plan like following crisis plan, maintaining housing
- ☐ Needs case management for reliable appointment
- ☐ Manages progress with occasional help from therapist/case manager OUT OF OFFICE
- ☐ Manages progress with occasional telephonic help from therapist/case manager
- ☐ Manages own needs

Support *

- ☐ NO community support for the individual's recovery
- ☐ SOME community support for the individual's recovery
- ☐ STRONG community support for individual's recovery

Physical Health *

- ☐ Significant, uncontrolled medical conditions
- ☐ Health issues are well-managed
- ☐ No identified or reported health issues

Environment *

- ☐ Highly stressful environment, including victimization, disabling or life-threatening illness, lack of permanent residence, difficulty avoiding substance users
- ☐ Moderately stressful environment, including significant difficulties in important relationships, sustained decline in health status, exposure to drugs/alcohol
- ☐ Mildly stressful environment

Mental Health Symptoms *

- ☐ Individual can meet daily needs, but symptoms FREQUENTLY hinder him/her from accomplishing activities
- ☐ Individual can meet daily needs, but symptoms OCCASIONALLY prevent some activities
- ☐ If/when symptoms occur, individual manages them so effectively that they cause no major interference